

PACKING LIST FOR LIBERIA

Luggage details

1. You will have one checked bag for your personal supplies, not to exceed 50 pounds.
2. You will also have one carry on. It would be beneficial for this to be a backpack that you can also carry with you each day.
3. One checked bag and one carry on will be packed for you with team supplies.
4. If you have problems with your luggage or questions about packing and need more room or need help, PLEASE don't hesitate to ask.

This list is suggested items but not required:

- *Outfit and shoes for church (ladies – dress; men – dress pants and shirt)
- *Shorts, capris or pants and T-Shirts for each day (No tank tops or spaghetti straps)
 - * You will receive 5 Hope 2 Liberia t-shirts and a team shirt to wear the day we leave.

- *Change of clothes for Plane (to and from)
- *Something to lounge around in, in the evenings
- *PJ's
- *Socks

- *Underwear
- *Swimsuit (1 piece or tankini for women) & Beach towel
- *Flip flops for beach and shower
- *Sturdy tennis shoes
- *Hat, bandana or something to cover your head
- *Pillow for the plane if you want
- *Trash bag for dirty clothes
- *Wal-Mart bag for wet things

- *Toiletries
- *Toilet Paper
- *Camera w/extra batteries and Memory Cards
- *Sunscreen & Aloe Vera
- *Bug Spray & After bite
- *To-Go pack of wet wipes
- *To-Go packs of Kleenex
- *Chap Stick (with sunscreen)
- *Water Bottle

- *Journal – this may not be something you've done before, but can be awesome during a mission trip
- *Playing Cards or other small travel games (We do have 15 hours in the air)
- *Travel Pillow and blanket for plane
- *Snacks (hard candy, gum, crackers, granola bars, etc.)
- *Breakfast food for yourself (pop tarts, oatmeal, granola bars, etc.)
- **BIBLE (Please do not forget this one – If it is one you can leave, that would be great)**

- *Spending Money
- *All documents (passport, yellow card)
- *All Medications in original containers

**Most of all a good, loving, go with the flow attitude ready to serve those we encounter and those we are traveling with. I am starting to get used to the idea that I have no idea what I will be doing when I get there and that I will probably find out within 5 minutes of needing something done and that is okay although strange to me as I am one that likes to prepare but God will not put me in a situation that I can't handle and I am just going to trust that and enjoy my trip and what God has to teach me. Maybe that that lesson is, that I don't need to be prepared for EVERYTHING!*